

ADHD Treatment Protocol

Vickery Pediatrics is committed to providing the best possible care for your child's ADHD.

Medications used to treat ADHD fall under the category of controlled substances and require follow up in a timely manner. The following treatment schedule is followed in order to best monitor and follow up with your child's treatment:

*** Initial visit for ADHD includes a full history, physical exam and Vanderbilt assessment. If your child has been diagnosed by another physician or a psychologist, full documentation of the diagnosis must be available for review.

*** Medication options will be discussed at the initial visit. There is growing variability in what medications will be covered by different insurance plans. Bringing a formulary from your insurance company's website of covered ADHD medications to the initial visit is highly recommended.

** Vanderbilt follow up assessment forms from parents and teachers are required yearly.

Follow up schedule for ADHD:

1. Initial visit
2. Follow up visit in 1 month
3. Follow up visit in 3 months
4. Follow up visits every 6 months once on stable dosing

Medication refill schedule:

1. Medications are written for 30 days and will require you to come in and pick up the prescription - **most ADHD medications cannot be faxed to the pharmacy.**
2. Please call 48 hours before the last dosage so that your prescription can be ready for pick up at the front desk.
3. Prescriptions will not be refilled when the follow up schedule is not followed

Please review the above protocol since any lapses in follow up may disrupt your child's ADHD care